

Shaker Regional School District

MARACH 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5</p> <p>BBQ CHICKEN SUB BAKED BEANS PEAS ITALIAN VEGETABLE BLEND SLICED PEACHES FRESH PEAR CHOICE(S) CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP SUNBUTTER & JELLY</p>	<p>6</p> <p>CHEESE PIZZA PEPPERONI PIZZA CORN SPRING MIX SALAD BANANA CHOICE(S) CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP SUNBUTTER & JELLY</p>	<p>7</p> <p>CHICKEN PATTY ON A ROLL SPICY CHICKEN PATTY ON A BU BAKED BEANS PEAS ITALIAN VEGETABLE BLEND PINEAPPLES & ORANGES FRESH PEAR CHOICE(S) CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP SUNBUTTER & JELLY</p>	<p>8</p> <p>PORK & GRAVY CREAMY MASHED POTATO STUFFING BREADSTICK PEAS CORN CRANBERRY SAUCE ORANGE SMILES BLUEBERRY CRISP CHOICE(S) CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP SUNBUTTER & JELLY</p>	<p>9</p> <p>CREAMY MAC & CHEESE GARLIC BREADSTICK CALIFORNIA VEGETABLE BLEND PARMESAN BROCCOLI SLICED PEARS APPLE CHOICE(S) TUNA SALAD ON WHEAT CHICKEN CAESAR WRAP WG TURKEY & CHEESE WRAP BLT SANDWICH CHEFS SALAD SUNBUTTER & JELLY</p>
<p>12</p> <p>CHOICE OF BURGER BAKED BEANS ROASTED CARROTS SLICED PEACHES APPLE CHOICE(S) CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP SUNBUTTER & JELLY</p>	<p>13</p> <p>CHEESE PIZZA PEPPERONI PIZZA SPRING MIX SALAD ITALIAN VEGETABLE BLEND BANANA CHOICE(S) TUNA SALAD ON WHEAT BLT SANDWICH CHICKEN CAESAR WRAP CHEFS SALAD TURKEY WRAP SUNBUTTER & JELLY</p>	<p>14</p> <p>CHICKEN TENDERS CREAMY MASHED POTATO CHICKEN GRAVY FRESH BAKED ROLL BROCCOLI SWEET CORN FRUIT MIX MANDARIN ORANGES CHOCOLATE PUDDING VANILLA PUDDING CHOICE(S) CHEFS SALAD TUNA SALAD ON WHEAT TURKEY & CHEESE WRAP BLT SANDWICH CHICKEN CAESAR WRAP SUNBUTTER & JELLY</p>	<p>15</p> <p>PULLED PORK ON WW BUN FRENCH FRIES GREEN BEANS STRAWBERRY CUP CRISP FRESH APPLE CHOICE(S) CHEFS SALAD BLT SANDWICH TUNA SALAD ON WHEAT TURKEY WRAP CHICKEN CAESAR WRAP SUNBUTTER & JELLY</p>	<p>16</p> <p>PASTA BAR GARLIC BREADSTICK BROCCOLI APPLESAUCE FRESH PEAR CHOICE(S) CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP SUNBUTTER & JELLY</p>
<p>19</p> <p>GRILLED CHEESE GRILLED HAM & CHEESE TUNA SALAD ON WHEAT TOMATO SOUP GOLDFISH COLE SLAW CELERY STICKS SLICED PEACHES CHOCOLATE CHIP COOKIE CHOICE(S) CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP SUNBUTTER & JELLY</p>	<p>20</p> <p>CHEESE PIZZA PEPPERONI PIZZA SEASONED NORMANDY VEG BROCCOLI FLORETS APPLESAUCE ORANGE CHOICE(S) TUNA SALAD ON WHEAT TURKEY WRAP CHEFS SALAD BLT SANDWICH CHICKEN CAESAR WRAP WG SUNBUTTER & JELLY</p>	<p>21</p> <p>BEEF NACHO TACO GROUND BEEF SAUTEED PEPPERS & ONIONS REFRIED BEANS SOUR CREAM SEASONED BROWN RICE CORN PINEAPPLES & ORANGES FRUIT MIX CHOICE(S) TUNA SALAD ON WHEAT CHICKEN CAESAR WRAP WG TURKEY & CHEESE WRAP BLT SANDWICH CHEFS SALAD SUNBUTTER & JELLY</p>	<p>22</p> <p>CHICKEN PATTY ON A ROLL SPICY CHICKEN PATTY ON A BU BAKED BEANS PEAS ITALIAN VEGETABLE BLEND PINEAPPLES & ORANGES FRESH PEAR CHOICE(S) CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP SUNBUTTER & JELLY</p>	<p>23</p> <p>TEACHER WORKSHOPS NO SCHOOL FOR STUDENTS</p>

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Shaker Regional School District

003 - BELMONT HIGH SCHOOL

MARACH 2018

Monday	Tuesday	Wednesday	Thursday	Friday
26 CHOICE OF BURGER BAKED BEANS ROASTED CARROTS SLICED PEACHES APPLE CHOICE(S) CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP SUNBUTTER & JELLY	27 CHEESE PIZZA PEPPERONI PIZZA SPRING MIX SALAD ITALIAN VEGETABLE BLEND BANANA CHOICE(S) TUNA SALAD ON WHEAT BLT SANDWICH CHICKEN CAESAR WRAP CHEFS SALAD TURKEY WRAP SUNBUTTER & JELLY	28 CHICKEN TENDERS CREAMY MASHED POTATO CHICKEN GRAVY FRESH BAKED ROLL BROCCOLI SWEET CORN FRUIT MIX MANDARIN ORANGES CHOCOLATE PUDDING VANILLA PUDDING CHOICE(S) CHEFS SALAD TUNA SALAD ON WHEAT TURKEY & CHEESE WRAP BLT SANDWICH CHICKEN CAESAR WRAP SUNBUTTER & JELLY	29 MEATLOAF BROWN GRAVY CREAMY MASHED POTATO STEAMED PEAS SEASONED NORMANDY VEG FRESH BAKED ROLL SLICED PEACHES APPLESAUCE CHOICE(S) TUNA SALAD ON WHEAT CHICKEN CAESAR WRAP WG TURKEY & CHEESE WRAP BLT SANDWICH CHEFS SALAD SUNBUTTER & JELLY	30 PASTA BAR GARLIC BREADSTICK BROCCOLI APPLESAUCE FRESH PEAR CHOICE(S) CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP SUNBUTTER & JELLY

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